

PHOTO BY BONNIE HOBBS/CENTRE VIEW

From left: Ken Adams, Stacy Crickmer, Cathy Arnold, Annie Ermlick and Joe Philipoom rehearse a song.

## Music for Everyone at Capital Cabaret

Alliance adds pop songs to Broadway tunes.

BY BONNIE HOBBS  
CENTRE VIEW

The Alliance Theatre's annual Capital Cabaret show is always jam-packed with energy, excitement and fun, and the upcoming "Cabaret IV: Not Dead Yet" continues that tradition. This year's production doesn't just feature Broadway tunes, but favorite pop songs from the 1950s, '60s and '70s.

"We started collecting and learning the music

in September," said Cathy Arnold, performing in her fourth cabaret. "We have lots of great music, including a disco medley, Beatles songs and 'The Age of Aquarius/Let the Sunshine in' from 'Hair.'"

Her favorite number is "Two Lost Souls," from the Broadway play, "Damn Yankees." Sung by Joe Philipoom and Stacy Crickmer, "It's a fun song with really cute choreography," said Arnold. "Everyone pitched in on the show's choreography."

She said all ages will enjoy the cabaret because the songs span such a large time period and there's a variety of favorites from those years. "Besides liking to sing, we're all good friends," said Arnold. "And everyone's so talented that we work and

SEE FROM POP SONGS. PAGE 5

## After Son's Death, Mother Speaks Out

She warns of the dangers of alcoholic energy drinks.

BY BONNIE HOBBS  
CENTRE VIEW

Karla Rupp isn't a public speaker, nor did she ever envision herself in that role. But some seven months after her son's death, the Virginia Run resident is talking about it, in hopes that her words may prevent another tragedy like his.

When the Westfield High sophomore walked onto Pleasant Valley Road last fall while under the influence of alcohol — and was then

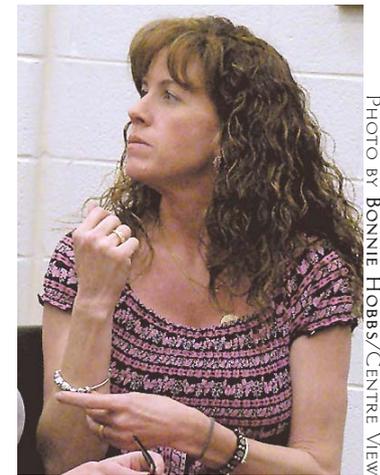


PHOTO BY BONNIE HOBBS/CENTRE VIEW

Karla Rupp listens to a parent's question.

struck and killed by an oncoming vehicle — most people assumed he'd been drinking hard liquor. But that wasn't the case; 15-year-old

SEE AFTER SON'S. PAGE 14

## Parents: Be 'Vigilant'

BY BONNIE HOBBS  
CENTRE VIEW

After Karla Rupp shared the story of her son's death, local police plus a father who also lost a child advised other parents to be ever vigilant. Drugs and alcohol can hold a great attraction for teens and, often, they're readily available.

"With the Internet, kids can spread the word quickly about things not good for them," said SRO Supervisor Bill Fulton. They're also adept at keeping these things secret from their parents, he said — whether it's drugs tucked inside the sole of a flip-flop or water bottles filled with vodka. And there's always a new temptation.



PHOTO BY BONNIE HOBBS/CENTRE VIEW

SRO Supervisor Bill Fulton

Warning parents about synthetic marijuana called K2 or Spice,

SEE SPEAKERS. PAGE 14

## Two-Wheeling for a Cause

Local resident will ride in 15th annual Police Unity Tour.

BY BONNIE HOBBS  
CENTRE VIEW

Actually, bicycling 230 miles over three days should be a piece of cake for Centreville's Kevin Whalen. After all, in 2009, he rode 1,000 miles over 10 days — participating in both the Police Unity Tour (PUT) and the Federal Law Enforcement Officers Ride.

This time, the Walney Glen resident is "just" doing the PUT, but it's an event that's near and dear to his heart. It's slogan is "We ride for those who've died," and this year's PUT — the 15th annual, May 10-12

— is in memory of the 153 officers nationwide who lost their lives during 2010.

This will be Whalen's fourth PUT ride, and his reason for doing so dates back to a tragic event in Fairfax County police history — the shooting deaths of Det. Vicky Armel, 40, and MPO Mike Garbarino, 53. Ambushed in the parking lot of the Sully District Station, May 8, 2006, by a heavily armed and disturbed teen, both officers left spouses and children, devastated colleagues and a grieving community.

"Their deaths hit close to home, and that's what got me to do this," said Whalen, a federal agent with

SEE TWO-WHEELING. PAGE 6

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**NEWS**

**Creating Comic-Book Adventure Fantasy**

**Rocky Run Middle presents "Starmites, a Musical."**

BY BONNIE HOBBS CENTRE VIEW

are \$7 at the door and during school lunches, 11 a.m.-noon, the week before.

The cast and crew of 60 have been rehearsing since early February. There's even entertainment during scene transitions, when droids loyal to the arch villain, Shak Graa, perform their own, original, comic story.

"The musical score is challenging for middle-school voices, so the students have been working hard," said Wharton. "There's also dancing, with past Rocky Run parent Sue Skaddan choreographing." Choral teacher Lynn Christman is the music director, and the music ranges from Native American to Motown, Gospel, rock ballads and jitterbug.

The costumes will be colorful,

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## ROUNDUPS

### Fatal Crash in Oak Hill

Fairfax County police are investigating a fatal crash that killed a Reston man early Sunday morning in Oak Hill. On April 24, around 1:50 a.m., police were called to the Fairfax County Parkway near West Ox Road for a reported crash. Upon arrival, officers found a 1988 Oldsmobile Bravada in the backyard of a home in the 13100 block of Lou Alice Way.

An investigation determined the vehicle was traveling north on the parkway, just past the West Ox Road intersection, when the driver lost control. The Bravada went off the left side of the road and rotated counterclockwise. It traveled across the grass median and the parkway's southbound lanes and then began to roll as it reached the road's shoulder.

The vehicle continued up the embankment, took out some trees and crashed through a wooden fence. It landed on its roof in the backyard of the home. The driver, Arturo Cruz Zaldivar, 22, of Cocquina Drive in Reston, was pronounced dead at the scene. A 20-year-old male passenger was treated for minor injuries.

Police say Zaldivar wasn't wearing a seatbelt; the passenger was. The crash investigation is ongoing. According to police, speed and alcohol appear to be factors. Anyone with information is asked to contact Crime solvers at 1-866-411-TIPS/8477, e-mail at [www.fairfaxcrimesolvers.org](http://www.fairfaxcrimesolvers.org) or text "TIP187" plus a message to CRIMES/274637 or call police at 703-691-2131.

### Help Plan Centreville Day

Anyone who'd like to help plan this year's Centreville Day celebration is encouraged to attend a meeting about it, next Thursday, April 28, at 7:30 p.m., at Centreville Fire Station 17 at 5856 Old Centreville Road. The Friends of Historic Centreville are looking for people with imagination, energy and organizational skills.

Participants will learn more about their community and support the efforts to bring back Centreville Day. Committees include entertainment, logistics, history, vendors and more. For more information, contact Cheryl Repetti at [cbrepetti@verizon.net](mailto:cbrepetti@verizon.net) or 703-830-5407.

### Prescription Drug Drop-Off

Police at the Sully District Station are urging local residents not to leave old, outdated, prescription drugs in their medicine cabinet. Instead, on Saturday, April 30, between 10 a.m. and 2 p.m., bring them to the police station at 4900 Stonecroft Blvd. in Chantilly. There'll be a collection box in the lobby, and then police will dispose of these drugs properly.

### Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, May 5, and May 19, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

### Help the Lions Help the Blind

The Clifton Lions Club will hold its annual White Cane fundraiser Friday-Saturday, May 6-7, outside the Giant Foods stores at the Colonnade at Union Mill and at University Mall. Lions Clubs have supported blind charities worldwide since Helen Keller asked them to lead a "crusade against darkness" at their international convention in 1925.

Besides cash donations, the Lions will collect used eyeglasses and hearing aids. Donations will be used to support charities that help the blind, including the internationally renowned Lion eyeglass-recycling program, Leader Dog training, and county pro

SEE ROUNDUPS, PAGE 7

## NEWS



Some Poplar Tree Estates residents posing together at the 2010 Angel Kisses 5K are (front row, from left) Ruthi David, Marissa Erickson, Carrie Erickson, Megan Gustafson and Lauren Erickson, with Kathy Gustafson in back.

### Remembering Jeffrey on Mother's Day

#### Angel Kisses 5K/2K for families with childhood cancer.

BY BONNIE HOBBS  
CENTRE VIEW

Had Jeffrey Virostek lived, he'd be 12 years old now and in the sixth grade. But in September 2003, at age 4, he died of acute myelogenous leukemia (AML).

Yet those who loved him and members of his Chantilly community have not forgotten him. Each year on Mother's Day, residents of Poplar Tree Estates hold the annual Angel Kisses 5K run and 2K

walk in Jeffrey's memory and to raise money for other children fighting cancer.

"It's become a Mother's Day tradition," said Jeffrey's mom, Tasha Virostek. "We do this race in honor of a sweet, little boy. It keeps him alive in our hearts. As tragic as a child's death is, we find comfort in knowing that through the Angel Kisses race, we're able to help other families that are battling cancer."

This year's eighth annual Angel Kisses event is Sunday, May 8, at 8 a.m. It starts and ends at the Poplar Tree Estates Swim and Racquet Club, 13516 Point Pleasant Drive.

Capital Running will officiate the race, and a special tag attached to the participants' shoelaces will record the results. For more information and to register, see [www.AngelKisses-5k.org](http://www.AngelKisses-5k.org). Online registration is 5K, \$20; 2K, \$15, by May 4.

SEE ANGEL, PAGE 7

### Home Incarceration for Fraud

#### Local chiropractors defrauded health-insurance companies.

BY BONNIE HOBBS  
CENTRE VIEW

Before being sentenced last week to home incarceration for conspiracy to commit health-care fraud, a thin and frail-looking Tammy Cashion pleaded her case before a federal-court judge. Crying, she asked for leniency and told him the harm her devious behavior had done to her life.

"I stand here accepting full responsibility for my actions," she said. "They've had the most devastating effect on my family and my marriage. I brought shame upon my patients, my family, my friends and my community."

Similarly, on Tuesday, her husband Paul Curcio told a federal magistrate, "I've suffered irreparable damage to my practice and



Paul Curcio and Tammy Cashion

SEE HOME, PAGE 9

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## NEWS



PHOTO BY BONNIE HOBBS/CENTRE VIEW

The cast of Rocky Run Middle's adventure fantasy, "Starmites, a Musical," takes the stage May 5-7.

# Comic-Book Adventure Fantasy

FROM PAGE 2

with the heroes in blue, white and silver and the banshee women in black, red and gold. The sets will feature Eleanor's room, Shriekwood Forest and a castle.

Since this play's not well-known, Wharton says it'll be an exciting, new experience for the audience. "They'll enjoy the variety of the music," she said. "And the characters are appealing because they have the same sorts of vulnerabilities and challenges we all face."

Eighth-grader Sierra Brooks portrays Eleanor. "She's lonely, doesn't have friends and doesn't seem to fit in with anyone on earth," said Sierra. "Her one love is this comic-book series — she'd give anything to be in that world and be the hero of the comic book. It's fun playing her because sometimes I don't fit in and I think it would be cool to get away and be a superhero girl."

Sierra's favorite song is "It's hard to be Diva." She's the queen of inner space and, said Sierra, "The song's catchy and the character acts full of herself. The audience will like the show because it's a fantasy, it's unique and the songs are fun."

Classmate Jason Saitta plays Space Punk. "The Starmites are a band of teen-agers trying to save inner space from Shak Graa," said Jason. "Space Punk is their captain and fearless leader. He often gets pushed around, but he's courageous, energetic and demanding."

When he meets Eleanor in inner space, he's instantly in love with her."

It's Jason's first leading role and he loves singing and acting. "I'm energetic and care about people,

like my character, so it fit it well," he said. "I like the ballad, 'Milady,' a song about the person Space Punk loves. It's heartfelt and the lyrics are deep and meaningful. It's also like a Motown song, with the Starmites singing backup."

He said the audience will enjoy the music arrangements and the actors were well-cast. "And the sets are going to be amazing," said Jason. "We have a great technical and stage-managing team, too."

Portraying one of the droids is Gavin Moore. "We all have different purposes; I'm the emotionless, sanitation droid," he said. "My character's need to clean things creates some funny moments."

Anant Das plays Shak Graa. "He's the arch creep of Chaos," said Anant. "He's an elegant and sophisticated adult, but is angry because, as a child, he was bullied and not liked. He believes that, if he has power, he can be better than anyone else. And he created the strongest weapon in inner space. It's fun because he's the

opposite of me, and I get to do an evil laugh."

Anant also portrays Trinkulus, a deceptive lizard. "He tries to instill fear in the Starmites, while trying to gain their trust by pretending to be nice and their guide through inner space," said Anant. "It's fun playing him because your stance has to be different, your voice has to be higher and you make reptilian movements."

Hannah Bridenbaugh is the stage manager with Rachel McKennedy and Kristen Chiama. "At show time, we'll direct people, keep track of props and cue who goes on and off when," said Hannah. "You meet lots of nice people and get to see the play a lot and learn the songs. The show has humor and catchy songs in different styles, so the audience should really like it."

**"The musical score is challenging for middle-school voices, so the students have been working hard."**

— Director Julie Wharton

# From Pop Songs to Broadway Tunes

FROM PAGE 1

blend well together.”

Music director/accompanist Charlie Manship said the mix of experienced and new performers and songs “keeps things going, season after season.” He calls Alliance his “theater family” and is delighted to be a part of it.

In this show, he especially likes the tune, “The Grass is Always Greener,” Annie Ermlick’s and Crickmer’s duet, because of its musical comedy. He said the Motown classic, “Heatwave,” is fun, as is the Beach Boys’ hit, “Barbara Ann.”

Besides that, said Manship, “Chris Gray does a nice job with Billy Joel’s ‘She’s Got a Way.’ And the numbers by our ladies, Annie, Cathy and Stacy, really shine.”

Crickmer said they’re all having a good time rehearsing. “We do our day jobs and then come here for fun,” she said. “And we do it because we love it. We choose the music ourselves, so it’s different every time. We’re a really tight group, including the people behind the scenes, like Leland Shook, sound; Stacy King, lights and Maggie Swan, producing.”

She said they’re doing songs from “Spamalot,” because “We thought it would be fun since we just did ‘Camelot’ and this is a spoof of it.” Her favorite numbers are in the disco medley, which includes “Boogie Fever” and “I Will Survive.”

Crickmer says the overall music mix contains songs “people won’t expect from a cabaret. Everybody shines and highlights their strengths, but I love the group numbers involving everybody and I’m so proud to be part of the show.”

Cabaret veteran Jim Mitchell both performs and emcees. He sings, “Fly Me to the Moon,” and opens the second act with “I’m All Alone” from “Spamalot.”

He especially likes “My Boyfriend’s Back” because “the three women sound so good together — they’re just phenomenal. And their rendition of ‘One Fine Day’ is just amazing. Our past shows have been heavily laden with Broadway tunes, but this show is



PHOTO BY BONNIE HOBBS/CENTRE VIEW

**Cathy Arnold (center) and the other performers reach skyward during a number.**

more about pop music.”

Ken Adams said the cabaret contains the songs he grew up. His top choices include “California Dreaming” and Beatles’ tunes, “Hello, Goodbye” and “Here, There and Everywhere” — on which he has a solo. Said Adams: “The show has upbeat numbers, funny songs and slow ballads and will appeal to people of all ages.”

Ermlick likes the numbers from the various decades, such as “Da Doo Ron Ron,” in which Arnold and Crickmer get in a pretend fight that they choreographed together. “It’s a fun group and we all really sound good together,” said Ermlick. “It’s great to come here, perform and be goofy.”

Chris Gray, in his first year with Capital Cabaret, says the others have been “warm and welcoming.

The show has a great reputation, and they needed a tenor this year, so it worked out for me. It’s a blast — we do this for the joy. And more often than not, it’s the best part of our day.”

Calling the women “dynamic performers,” he said there’s nothing they can’t do. “I like their ‘Sensational

Sixties’ medley,” said Gray. “I have such an appreciation for the caliber of talent up there. And [show director] Joe [Philipoom] does a fantastic job putting this together with just the right songs and people.” Most challenging, said Philipoom, is “keeping it fresh for both the audience and the group. We’re doing more mainstream pop music this year, than show tunes, and it gives everybody a shot of energy. I love watching them perform — they’re so gifted. It’s humbling to me to work with them. I think any one of them could go downtown and do this professionally.”

He takes everyone’s ideas and then, said Philipoom, “It’s like a Rubik’s cube, twisting it to see how it’ll fit together best. I like watching the whole thing take shape. The show has something for everybody — and in a way they’ve never seen it before.”

## To Go

Performances are Friday-Saturday, May 6, 7, 13 and 14, at 7:30 p.m.; Sunday, May 8 and 15, at 2 p.m. Tickets are \$10 at the door or via [www.thealliancetheatre.org](http://www.thealliancetheatre.org). Group tickets are available. Call 703-220-8101 or e-mail [boxoffice@thealliancetheatre.org](mailto:boxoffice@thealliancetheatre.org).

All shows are at Mountain View High School, 5775 Spindle Court, behind Glory Days Grill in Centreville. There’ll be a special, Mother’s Day tribute at the Sunday, May 8, performance. Call 703-220-8101 or e-mail [contact\\_us@thealliancetheatre.org](mailto:contact_us@thealliancetheatre.org).



PHOTO COURTESY OF LAURIE CRIGGS

**Back row, from left, are Chris Gray, Joe Philipoom, Jim Mitchell, Charlie Manship and Ken Adams; front row, from left, are Cathy Arnold, Annie Ermlick and Stacy Crickmer.**

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**NEWS**

**Two-Wheeling for a Cause**

FROM PAGE 1

the Treasury Department. "And this year is the fifth anniversary."

Although he skipped last year's PUT to let his body recuperate after the 1,000-mile ride, he rode in smaller benefit events to stay in shape. In September 2010, he did 185 miles for Alzheimer's research; the following month, he rode 20 miles for Best Buddies.

Besides honoring fallen officers, the PUT also raises awareness of and money for the National Law Enforcement Officers Memorial Fund and Museum in Washington, D.C. Nearly 19,000 names are engraved on the memorial, and money raised will be used to re-engage and preserve them.

Some 1,200 officers from all over the U.S. ride together for the cause. And this year, Whalen's riding under a new, Virginia Chapter of the PUT in honor of the six Fairfax County officers total who died over the years.

"It'll be the chapter's inaugural ride and will be led by my friends with the Fairfax County police," he said. "I missed doing it last year and being with the officers and wanted to ride with them for the new chapter and to support the memorial again." See [www.policeunitytourchapter4.com](http://www.policeunitytourchapter4.com).

Each participant also rides in memory of a particular officer who died, the previous year in the line of duty. This time, Whalen will ride in honor of Virginia State Trooper Mark Barrett, who died Sept. 14, 2010, during a water-training dive in Lake Anna.

Whalen said the Virginia ride is the most challenging of all the courses. It begins May 10 in Richmond, with the bikers traversing 92 miles that day to Charlottesville. But it's the May 11 leg from there to Warrenton that's the toughest. "The hills coming out of Charlottesville are brutal," he said.

Then on May 11, they'll bicycle along Route 29 through Centreville and Fair Oaks to Washington, D.C. The 70 riders and 30 support personnel will include law-enforcement officers and survivors.

They should be passing through Centreville around 9:45 a.m., with a full police escort. And, said Whalen, "It would sure be nice to see people waving as we come through."

Then they'll head to the public-safety building on West Ox Road at Alliance Drive (across from the Costco), for an early lunch around 10 a.m., courtesy of Glory Days Grill in Centreville. Afterward, they'll bike to the District, meeting up at JFK Stadium with the other PUT riders from all over the country to ride together to the 2 p.m. ceremony at the memorial. There, a check will be presented to the memorial's director.

During the ride, each officer wears a wristband

**How To Help**

❖ Each rider must raise at least \$1,700; Kevin Whalen raised \$10,000 last time and has raised \$5,000 so far, this time. Contributions toward his efforts (via Pay Pal, credit card or check) may be made at [www.firstgiving.com/kevinwhalen](http://www.firstgiving.com/kevinwhalen).

❖ Glory Days is doing an ongoing fund-raiser for him. Since January and through May 12, it's donating 10 percent of its food receipts sent to Whalen. Mail them to him at: Police Unity Tour Inc., Chapter IV, P.O. Box 706, Fairfax, VA 22038. Said Whalen: "So far, I've gotten \$4,000 of receipts — which means \$400 for the tour."

❖ Backyard Grill, at 13999 Metrotech Drive in Chantilly, is also holding a PUT fund-raiser for Whalen on Friday, May 6, from 8 p.m.-midnight. Nashville singer Lisa Dotolo and Australian rock star Rick Caballo will entertain, and there'll also be raffles, a silent auction and door prizes. There's no cover charge or admission price, but donations are welcome.

❖ Besides Glory Days and its manager Mark Huddleston, some of Whalen's other main sponsors are Franklin's Printing in Chantilly and Barnes Chiropractic in Centreville.



PHOTO BY BONNIE HOBBS/CENTRE VIEW

**Centreville's Kevin Whalen will bicycle 230 miles in three days during the 15th annual Police Unity Tour.**

bearing the name of the officer for whom they're riding. "At the memorial, they'll either give it to that person's family member or leave it on the memorial where that officer's name will be freshly engraved," said Whalen. "The names will then be dedicated May 13 during a candlelight vigil, and relatives of all 153 families will be there. Also attending will be officers from all over the world who've come in for National Police Week, May 15-21."

Noting that 2010 was one of the "worst years" for law-enforcement officers' deaths — including 11 federal agents — Whalen said he's proud to ride in their honor. And cycling alongside Fairfax County's officers, he said, is "an awesome feeling. The camaraderie when you're all together on a team, all riding for same cause, is wonderful."

He said police officers aren't "just someone behind a badge and a uniform. They're regular people, too, who care about their community, have families, love their job and are protecting us 24/7. And as a federal officer, it feels good to have such a great police department protecting me and my family."

In fact, said Whalen, "People should thank police officers for what they do and should put blue ribbons on their vehicles during National Police Week to show their support. The police would really appreciate it."

He started training for the PUT in November with spinning classes at Life Time Fitness, resuming outdoor biking in February. He now rides about 100 miles/week, including in the Purcellville hills to get acclimated to steep terrain. And last Friday, April 22, he did 20 miles in the rain to get riding experience in bad weather.

But, said Whalen, the PUT isn't just about collecting money, but also about doing outreach, letting citizens see law enforcement in a different light and making sure heroes aren't forgotten. "We buy our jerseys and bicycles, train and do fund-raising on our own," he said. "But it's a small sacrifice, compared to the ultimate sacrifice made by the fallen."

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# Join in Angel Kisses 5K/2K

FROM PAGE 3

Afterward, it's \$25 and \$20. Walk-in registration and packet pickup are Friday, May 6, from 6-8 p.m.; Saturday, May 7, from 10 a.m.-2 p.m., and race day, from 6:30-7:30 a.m., at the Poplar Tree Community Center.

"Last year, we had more than 900 participants and raised over \$25,000," said Virostek. After their son's death, she and her husband Stephen established the Jeffrey Virostek Memorial Fund. Since the race's inception, they've contributed more than \$120,000 to it.

Then, via specific nonprofit organizations, grants are given where needed. For example, the parents of a 5-year-old boy with ALL (acute lymphoblastic leukemia) received some money to help them pay their rent. And a boy, 14, with a brain tumor received games, toiletries, a book light and other items to take with him to the hospital.

His aunt was raising him, plus three children of her own; and when he died, the fund helped her pay his funeral costs. "I got to meet both him and his aunt and hear their story about the hardships they

were going through," said Virostek. "So it was bittersweet that we were able to provide help."

Proceeds from the Angel Kisses race are donated primarily to D.C. Candlelighters, which directly helps local families financially and also gives them support and information. Funds are also contributed to Life with Cancer counseling services, The Red Apple Clown Care Ministry, CaringBridge and, new this year, Hopecam, which provides computers to homebound and hospitalized youth to keep them connected to school and friends.

"Angel Kisses is so special to us and near and dear to our hearts," said Virostek. "It's become such an integral part of our lives and of our community. People ask when Mother's Day is and make plans to participate in the race. They look forward to it, and it's become part of their Mother's Day celebration. Jeffrey touched so many people's lives, and his legacy continues through this race."

Those unable to be in the race, but wishing to make a donation, may do so at [www.angelkisses-5k.org](http://www.angelkisses-5k.org), or send checks payable to Angel Kisses 5K to: Capital Running Company, 15739 Crabbs Branch Way, Rockville, MD 20855-2634.

FROM PAGE 3

grams that provide reduced-cost glasses to low-income families. For more information, see [www.clcv.clubexpress.com](http://www.clcv.clubexpress.com).

## Conflict, Reconciliation Workshop Planned

Wellspring United Church of Christ and St. John's Episcopal Church are sponsoring a workshop dealing with conflict resolution and reconciliation. It's designed for participants in faith communities, but has broad application.

Called "Conflict, Trauma Healing and Reconciliation," the workshop will be held Saturday, May 7, from 10 a.m.-4:30 p.m., at St. John's Episcopal Church, 5649 Mount Gilead Road in Centreville. Registration fee is \$20 and includes lunch and materials.

The following questions will be examined: How is the connection between conflict and trauma explained? What is trauma and how does trauma affect individuals and communities? What helps people survive the trauma? What does healing mean? What does reconciliation require so that divided communities will live together again? How does this affect outreach in the local community?

RSVP to Alice Foltz, 703-830-4194 or [afoltzva@verizon.net](mailto:afoltzva@verizon.net),

SEE ROUNDUPS, PAGE 10

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# OPINION

# Tolls, Rail, Ridership

## Why do private companies collect biggest tolls?

**\$**34.50: That's what I estimate I spent this past weekend on five full trips the entire length of the Dulles Toll Road and the Greenway, plus an additional trip on the Dulles Toll from the Beltway to Hunter Mill Road and back. (Remember when you could buy a tank of gas for that?)

Almost all of that money, at least \$22.50, went to the private owners of the Greenway, contributing not one penny to rail or any other local infrastructure. I don't mind the \$12 that might help pay for rail nearly as much.

How will the design of the Metro stop at Dulles Airport affect its use?

Research demonstrates, along with common sense, that the more convenient transit is, (frequency, proximity, continuity) the more people use it. It also has to be clean and safe, but we're going to assume those features will be included.

We've planned for decades (Dulles opened in 1962) not for rail to Tysons or for rail to Reston, but for rail to Dulles, to serve a portion of the 24 million passengers a year that fly through the airport; eventually the number of passengers could more than double.

Saving \$330 million is a worthy goal, the amount extra that putting the Dulles stop underground would cost. Making the rail easy to use is also important. The fact that drivers on

the Dulles Toll Road pay for a significant portion of construction of the rail line adds to the controversy.

There might be more than one way to shorten the walk from getting off Metro to the terminal (where we know that there are more trains, shuttles, corridors and escalators waiting). Perhaps an above ground station could be designed on the current hourly parking lot, conveniently a hop, skip and a jump into the terminal. Let the people who drive walk a few extra minutes instead.

Sharon Bulova, chairman of the Fairfax County Board of Supervisors, demonstrated that the walk from the above ground station to the terminal would be four-to-seven minutes. We know that navigating once inside the terminal also takes time.

Meanwhile, we need more scrutiny and intellectual power on the tolls we already pay and the tolls that are coming, and how those could be used to advance transportation for everyone.

No entity, private or government, should collect tolls without displaying clearly how much they are charging. It's not easy to figure out what you spend using your EasyPass transponder. At least on the Dulles Toll Road, there are signs letting you know what you are paying. No such luck on the Greenway. It might be good for everyone who uses it to have one

day a year (not the same day please) when they must pay by cash, just as a reminder of how much money it is.

Construction continues on the high occupancy toll lanes on the Beltway, where again, a private company will collect 100 percent of the tolls for at least 50 years, and the cost of one trip from near the American Legion Bridge to the Mixing Bowl in the HOT-lanes (remember, T for toll) could be as much as \$12. This is for infrastructure built on public property.

There are benefits to the construction of the HOT-lanes including rebuilding dozens of aging bridges over and around the Beltway. But the state could have paid for the project with bonds based on tolls. Or the contract could have required revenue sharing.

As Virginia seems intent on going forward with HOT-lanes on 395-95, public officials owe Northern Virginia commuters better representation.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM; ON TWITTER, @MARYKIMM

## EDITORIALS

## LETTER TO THE EDITOR

### Journey to New School

To the Editor:

As parents of a rising fourth grader and kindergartner in the Clifton Elementary school district, we decided to drive over to their new "community" elementary

school at Oak View in Fairfax. After crossing two major highways — Routes 7100 and 123, and two towns over — we noticed that we were passing Fairview Elementary School. We thought, "Why are our children not going to school there"? It's not as close to our home as Clifton Elementary, but still fairly close. Oh, that's right —

overcrowding!

We noticed that right up the road from Fairview is Terra Centre Elementary, still much further than Clifton Elementary, but still a reasonable drive. Why are our children not attending Terra Centre? Oh, maybe they are overcrowded, too.

Then we looked at the map and

noticed that Bonnie Brae Elementary is also closer to our home in Clifton and wondered why our children are not going to go to that school. Finally, after 20 minutes on a Sunday afternoon, crossing two major highways, three towns over, passing three other elementary schools, and nearly to George Mason University, we arrived at Oakview. It looked like a very nice school, but not in our neighborhood and seemingly an odd location to send students from Clifton since we already have a perfectly good, award winning school.

Our rising fourth grader said, "I want to go to Clifton Elementary." Hmmm, why did our school board close Clifton anyway? Oh, that's right, the water is bad. Wait a minute, the water tests came back, and the water is fine. Oh, I remember, the enrollment is dropping. But wait, three zip codes feed into Clifton Elementary and they based their projections on only one zip code. Now I remember the real reason: the cost per student to renovate was too high. No, that can't be it — their future enrollment projections were underesti-

## Remembering National Night Out

**Members of the Sully District Police Station's Citizens Advisory Committee (CAC) present the police with framed posters of several past years' National Night Out celebrations in the Sully Station II community. (From left are CAC Co-Chair Ray Powers; Sully District Station Assistant Commander, Lt. John Trace; Sully II Community Association President Bill Perry; CAC Chairman Leslie Jenuleson and new Sully District Station Commander, Capt. Purvis Dawson. The presentation was Tuesday, April 19.**



PHOTO BY BONNIE HOBBS/CENTRE VIEW



# ROUNDUPS

FROM PAGE 7

or to Administrative Assistant, St. John's, 703-803-7500 or SJECCentreville@aol.com.

## Collection for Wounded Warriors

The Sully District Police Station's Citizens Advisory Committee (CAC) is helping service members returning from war with injuries requiring long stays in the Bethesda Naval Medical Center hospital. Some are still going through extensive surgeries. They're miles from home and have nothing but the basic hospital allotment, so the CAC is collecting items to give to them.

There are 15-25 soldiers at any given time, and any extra donations would be kept aside as new patients arrived. The Sully District Police Station is a collection point for residents' donations during April; the CAC will have a drop-off box in the lobby. Items needed are new, twin-sized blankets, large throw blankets, shampoo, conditioner, soap, shaving cream, razors, toothpaste, mouthwash, floss, toothbrushes, combs, antibacterial gel, hand lotion, white washcloths and baby wipes.

## Police Collecting Flags

Fairfax County police stations are now accepting worn flags in bins located in their front lobby areas. Flags will be ceremoniously disposed of by Honor Guard members,

in coordination with the Fire Department.

To learn more about the FCPD Honor Guard and its role within the community, call 703-449-7289.

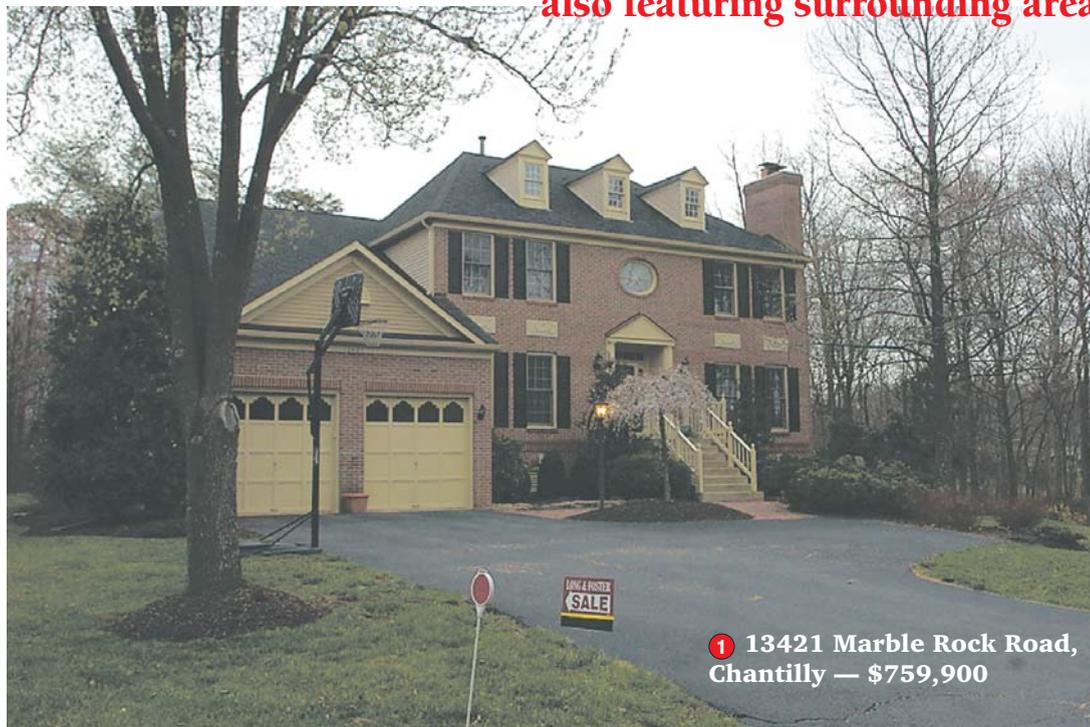
## WFCM Seeks Food

Western Fairfax Christian Ministries' (WFCM) food pantry urgently needs donations of jelly, jam, canned pasta, cooking oil (24-48 oz.); mayonnaise (16-32 oz.); ketchup; mustard; juice (64 oz. or smaller); sugar (2-5-lbs.); white rice (1-3 lbs.); instant cocoa; pancake mix; pancake syrup; canned potatoes, collard greens, beets, spinach, mustard greens, carrots, meat and fruit. Bring all items to WFCM's food pantry at 13981 Metrotech Drive (near the Backyard Grill and Bar) in Chantilly.

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

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3 25827 RAWLEY SPRINGS DR	LO7563594	4	4	1	CHANTILLY	\$750,000	Detached	0.21	RIDINGS AT BLUE SPRING	Jobin Realty	Phyllis Maier
4 7480 WALNEY KNOLL CT	FX7562512	4	3	1	CHANTILLY	\$750,000	Detached	0.359	POPLAR PARK	Long & Foster	Marnie Schaar
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SOURCE: WWW.HOMESDATABASE.COM

# LETTERS

FROM PAGE 8

mated. Maybe the cost to renovate was too high because they wouldn't have enough money for the \$115 million admin building that they voted for themselves. No, the County disapproved that frivolous spending request. OK, it must have something to do with the overcrowding problem in elementary schools in Southwestern Fairfax County. Surely that was the reason that we closed Clifton!

Huh? What am I saying? Surely we just didn't close an award-winning school in a perfect location where children just love to go to school every day because we already didn't have enough schools!?

Whether it is because of incompetence, lack of good judgment, corruptness, or something else, this decision will obviously go down as one of the worst decisions in the history of the school district. An ethical school board would go back to the drawing board on the

Clifton situation. How many students would not have to be displaced if Clifton were left open? Now we have a 40 square mile area in Fairfax County which has no school! Hopefully the voters will remember this blatantly horrible decision when they go to the voting booth next year so we avoid further damage to the school district.

**Chris Palmer**  
Clifton



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13931 South Springs Dr. .... \$649,000 ..... Sun 1-4 ..... Ed Duggan ..... Century 21 ..... 703-989-7735  
7509 Weymouth Hill Rd. .... \$1,075,000 ..... Sun 1-4 ..... Jacqueline McMahon ..... Long & Foster ..... 571-722-2601  
6918 Clifton Rd. .... \$743,000 ..... Sun 1-4 ..... Carol Hermandorfer ..... Long & Foster ..... 703-216-4949

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10609 Timberidge Rd. .... \$898,000 ..... Sun 1-4 ..... Deborah Gorham ..... Long & Foster ..... 703-581-9005  
6320 Karmich St. .... \$779,000 ..... Sun 1-4 ..... Carol Hermandorfer ..... Long & Foster ..... 703-216-4949  
7418 South Reach Dr. .... \$849,900 ..... Sun 1-4 ..... Doris Crockett ..... Weichert ..... 703-615-8411  
7951 Kelly Ann Ct. .... \$1,295,000 ..... Sun 1-4 ..... Carol Hermandorfer ..... Long & Foster ..... 703-216-4949  
9024 Swift Creek Rd. .... \$795,000 ..... Sun 1-4 ..... Kinder Saund ..... Long & Foster ..... 202-369-5597  
8303 Pinyon Pine Ct. .... \$825,000 ..... Sun 1-4 ..... Mary FitzHenry ..... Long & Foster ..... 703-250-8915

## Lorton

10522 Greene Dr. .... \$450,000 ..... Sun 1-4 ..... Julie Henry ..... Jobin ..... 703-732-7926  
7718 Tea Table Dr. .... \$599,000 ..... Sun 1-4 ..... Chechena Thurston-Furlow ..... Career Prop ..... 703-340-0320  
9041 John Sutherland La. .... \$799,900 ..... Sat 1-4 ..... John McNamara ..... TTR Sothebys Int'l ..... 703-395-2908  
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9684 Alexandra Nicole Dr. .... \$1,149,000 ..... Sat 1-4 ..... John McNamara ..... TTR Sothebys Int'l ..... 703-395-2908

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10068 Chestnut Wood La. .... \$339,000 ..... Sun 1-4 ..... Debbie Richter ..... Keller Williams ..... 703-798-7473  
10627 Lakeside Oak Ct. .... \$349,900 ..... Sun 1-4 ..... Helen Grozbean ..... Century 21 ..... 571-233-4287  
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6241 Wilmette Dr. .... \$629,000 ..... Sun 1-4 ..... Debbie Richter ..... Keller Williams ..... 703-798-7473  
6442 Lake Meadow Dr. .... \$989,000 ..... Sun 1-4 ..... Steve Dunleavy ..... RE/MAX ..... 703-946-5571  
8823 Burke Rd. .... \$825,000 ..... Sun 1-4 ..... Jane Applegate ..... Long & Foster ..... 703-850-4700  
9548 Cherry Oak St. .... \$339,950 ..... Sun 12-4 ..... Lola LeCraw ..... Weichert ..... 703-517-1259  
9821 Natick Rd. .... \$549,000 ..... Sun 1-4 ..... Carolina Hurtado ..... Weichert ..... 703-309-6051  
5829 Cove Landing, #102 ..... \$269,777 ..... Sun 1-4 ..... Christine Zinser ..... Long & Foster ..... 703-503-1861

## Springfield

8717 Etta Dr. .... \$569,000 ..... Sun 1-4 ..... Christine Stephenson ..... Weichert ..... 703-901-0944  
6920 Spur Rd. .... \$449,950 ..... Sun 1-4 ..... Karen Brown ..... Weichert ..... 703-644-1364

## Fairfax

10543 James Wren Way ..... \$575,000 ..... Sun 1-4 ..... Mary Young ..... Long & Foster ..... 571-214-3299  
10824 Scott Dr. .... \$399,900 ..... Sun 1-4 ..... Andy Biggers ..... Weichert ..... 202-431-2515  
3100 Jessie Ct. .... \$485,000 ..... Sun 1-4 ..... Bill Hoffman ..... Keller Williams ..... 703-309-2205  
4601 Lawn Ct. .... \$499,500 ..... Sun 1-4 ..... Joe Frangipane ..... Long & Foster ..... 703-628-4430  
4814 Treasure Ct. .... \$384,900 ..... Sun 1-4 ..... Rich Langguth ..... Century 21 ..... 703-609-3079  
4103 Halsted St. .... \$634,999 ..... Sun 1-4 ..... Judy Pfarnier ..... Samson Properties ..... 703-989-8767  
12013 Gary Hill Rd. .... \$669,000 ..... Sun 1-4 ..... Carol Hermandorfer ..... Long & Foster ..... 703-216-4949  
10514 Acacia La. .... \$549,000 ..... Sun 1-4 ..... Carol Hermandorfer ..... Long & Foster ..... 703-216-4949

## Annandale

3386 Monarch La. .... \$649,000 ..... Sun 1-4 ..... Eva Shapiro ..... Keller Williams ..... 703-517-7511  
4712 King Carter Ct. .... \$479,900 ..... Sun 1-4 ..... Pep Bauman ..... Long & Foster ..... 703-314-7055  
7811 Ridgewood Dr. .... \$749,900 ..... Sun 1-5 ..... Maria Delgado ..... RE/MAX ..... 571-241-5067

## Kingstowne/Alexandria

3845 Dominion Mill Dr. .... \$565,000 ..... Sun 1-4 ..... Heather Bennett ..... RE/MAX ..... 703-508-5442  
5206 York Rd. .... \$450,000 ..... Sun 1-4 ..... Mitch Greek ..... Long & Foster ..... 703-303-6859

To add your Realtor represented Open House to these weekly listings, please call **Karen Washburn at 703-778-9422** or E-Mail the info to [kwashburn@connectionnewspapers.com](mailto:kwashburn@connectionnewspapers.com)

All listings due by Tuesday at 3 P.M.

# ENTERTAINMENT

## DELICIOUS DINING for Mother's Day

Enjoy tantalizing buffet items including an Omelet Station, Pasta Station, Crab Legs, Chicken Piccata, Prime Rib Au Jus, Lemon Pepper Fillet of Cod, Garlic Mashed Potatoes, Rice, Assorted Dinner Rolls, Green Beans, Salad Bar, and a variety of Desserts.

**ADULTS \$ 17.99**  
**CHILDREN (under 12) \$12.99**  
11:00 am-4:00 pm

**Bob O's**  
RESTAURANT & BAR



Located in the Holiday Inn Chantilly (next to Dulles Expo Center) Willard Road & Route 28, Chantilly

**703-961-2800**

To have community events listed in Centre View, e-mail to [centreview@connectionnewspapers.com](mailto:centreview@connectionnewspapers.com). Call Steve Hibbard at 703-778-9412.

### TUESDAYS AND THURSDAYS

**Centreville Stitches** welcome adults who enjoy knitting, crocheting, or other needlework crafts and conversation. Meets at the Centreville Regional Library, 14200 St. Germain Dr., Centreville. Admission is free. If you have any questions, contact Jo at 703-803-0595 or email [joknitter@verizon.net](mailto:joknitter@verizon.net).

Thursday, April 28 — 1:30 to 3:30 p.m.  
Thursday, May 10 — 6:30 to 8:30 p.m.  
Thursday, May 26 — 1:30 to 3:30 p.m.  
Thursday, June 14 — 6:30 to 8:30 p.m.  
Thursday, June 23 — 1:30 to 3:30 p.m.

### MONDAYS AND WEDNESDAYS

**ZUMBA Classes.** 7 to 8 p.m. Latin based dance fitness class. The first class is free; afterward it's \$7-\$9 per class. At Cornerstone Montessori School, 4455 Brookfield Corporate Drive, Suite 201, Chantilly. Visit [www.gozumbafun.com](http://www.gozumbafun.com).

### THURSDAY/APRIL 28

**Dominique Dawes Honored.** 6:30 p.m. Tickets are \$60, including dinner. The Junior League of Northern Virginia will honor Olympic gold medalist in gymnastics and co-chair of the President's Council on Fitness, Sports and Nutrition, Dominique Dawes, as its Woman of Vision. She is an accomplished motivational speaker and has been a spokesperson for numerous organizations, such as the Girls Scouts of the USA, American Heart Association's 'Choose to Move' program, Dove's Campaign for Real Beauty, and she served as the president of the Women's Sports Foundation from 2004-2006. To be held at the Waterford at Fair Oaks. Call 703-442-4163 or email [celebrationofservice@jlnv.org](mailto:celebrationofservice@jlnv.org).

**"A Little Night Music."** 6:30 p.m. cocktails; 7 p.m. piano concert. With pianist John Gardecki. Tickets are \$25/person; \$40/couple includes cocktails. Presented by Fairfax Spotlight on the Arts Inc. At the Stacy C. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. Visit [Fairfaxspotlight.org](http://Fairfaxspotlight.org).

### APRIL 28, 29, 30

**"Stage Door."** Thursday, April 28 at 7 p.m.; Friday, April 29 at 7 p.m.; Saturday, April 30 at 7 p.m. at Chantilly High School. Ticket information is at [www.chantillyhdrama.com](http://www.chantillyhdrama.com).

**"Joseph and the Amazing Technicolor Dreamcoat."** 7:30 p.m.; and April 30 at 2 p.m. At Westfield High School, 4700 Stonecroft Blvd., Chantilly. For tickets, visit

[www.westfieldtheatreboosters.com](http://www.westfieldtheatreboosters.com) or 703-488-6439

### APRIL 28 THROUGH MAY 7

**"Working, the Musical."** Presented by Centreville High School. Thursday-Saturday, April 28, 29, 30, and Saturday, May 7, at 7:30 p.m., with matinees Sunday, May 1, at 3 p.m. and Saturday, May 7, at 2 p.m. Based on the book by Pulitzer Prize-winning author Studs Terkel and adapted by "Wicked's" Stephen Schwartz, Tony Award-nominated "Working" celebrates the extraordinary people who make up the everyday world. Songs feature music and lyrics by Grammy Award-winner James Taylor and Tony Award-winner Lin-Manuel Miranda. Tickets are \$12 at the door; for discounted, pre-sale ticket information, go to [www.TheatreCentreville.com](http://www.TheatreCentreville.com).

### FRIDAY/APRIL 29

**Swing Dancing.** 9 p.m. to midnight. Admission is \$15. With the Soul Tones of Swing. Beginner swing lesson from 8:30 to 9 p.m.; dancing from 9 p.m. to midnight. At the Hilton Washington Dulles Airport Hotel, 13869 Park Center Road, Herndon.

### SATURDAY/APRIL 30

**Red Cross Blood Drive.** 10 a.m. to 4 p.m. To make an appointment, call 1-800-RED-CROSS and ask for the drive at Pender United Methodist. At 12401 Alder Woods Drive, Fairfax.

**Southern Gospel Concert.** 6 p.m. With "Heaven's Highway." At Oakton Baptist Church, 14001 Sullyfield Circle, Chantilly. The church is located on Route 50 1/5 mile east of the Route 28 overpass at the corner of Route 50 and Sullyfield Circle. A free-will offering will be received. Call 703 631-1799.

**"Night of Arresting Comedy."** 8 p.m. Tickets are \$25/person. With three nationally renowned comedians — Mike Larsen, John Betz Jr. and Mark Matusof. At Frying Pan Farm Park Visitor's Center. Hosted by the Fairfax County Citizens Police Academy Alumni Association, a nonprofit organization, to benefit the canteen program. Email: [anightofarrestingcomedy@cox.net](mailto:anightofarrestingcomedy@cox.net) or purchase tickets online: <http://www.fccpaaa.net> or call 703-732-1385.

### APRIL 30 AND MAY 1

**Fairfax Fine Art Festival.** Free. Saturday 10 a.m. to 6 p.m.; Sunday 10 a.m. to 5 p.m. At Fairfax Corner Shopping Center. Over 10,000 pieces of art will be for sale, including works of painters, sculptors, photographers, jewelers, digital artists, glass, fiber and ceramic artists. Visit [www.paragonartevents.com/fairfax](http://www.paragonartevents.com/fairfax)

### MAY 1

**Brookfield Residents.** Community Bike and Hike. 1 to 4 p.m. First hike: 1:15 p.m.; first bike ride: 1:15 p.m.; second hike: 2:15 p.m.; second bike ride: 2:15 p.m. Hula Hoop Jamboree: 1-4 p.m.; face painting: 1-4 p.m. For information or to volunteer, email [bonni@brookfieldcivic.com](mailto:bonni@brookfieldcivic.com).

### MAY 5 TO 6

**Big Truck Days.** Children and their parents can see the Town of Herndon's big trucks and heavy equipment on display. Thursday, May 5 from 9 a.m. to 3 p.m.; Friday, May 6 from 9 a.m. to 7 p.m. At the Public Works complex, 1479 Sterling Road, Herndon.

**"Starmites, a Musical."** Rocky Run Middle School presents "Starmites, a Musical," Thursday-Friday, May 5-6, at 7:30 p.m.; and Saturday, May 7 at 2:30 and 7:30 p.m. Tickets are \$7.

### MAY 6 AND 7

**White Cane Fundraiser.** The Clifton Lions Club will conduct their White Cane Fundraiser on Friday, May 6 and Saturday, May 7 at Union Mill Colonnade and University Mall Giant Food stores. In addition to cash donations, the Lions will collect used eyeglasses and hearing aids. Visit <http://www.clcv.clubexpress.com>.

### MAY 6-7-8, 13-14-15

**Capital Cabaret:** Presented by The Alliance Theatre at Mountain View High School, this event features music from several Broadway shows, plus favorites from the 1950s, '60s, '70s and '80s. May 6-7 and May 13-14 at 7:30 p.m.; May 8 and 15 at 2 p.m. Tickets are \$10; group orders are available via [www.thealliancetheatre.org](http://www.thealliancetheatre.org) or e-mail [boxoffice@thealliancetheatre.org](mailto:boxoffice@thealliancetheatre.org). Mountain View is at 5775 Spindle Court, behind Glory Days Grill in Centreville.

### FRIDAY/MAY 6

**Swing Dancing.** 9 p.m. to midnight. Admission is \$15. With the band, The Grandsons. Drop-in beginner swing lesson 8:30 to 9 p.m.; dancing 9 p.m. to midnight. At the Hilton Washington Dulles Airport Hotel, 13869 Park Center Road, Herndon.

### SATURDAY/MAY 7

**Casino Night and Silent Auction.** 7 to 11 p.m. Tickets are \$55/person. Casino games, raffles, cocktails and silent auction. A benefit for A Forever Home Rescue Foundation. At Chantilly National Golf and Country Club, 14901 Braddock Road, Centreville. Visit [www.aforeverhome.org](http://www.aforeverhome.org) or call 703-961-8690 to order your tickets.

### MONDAY/MAY 9

**"Swing for Homelessness Prevention."** 9:30 a.m. registration; 11 a.m. shotgun start; 4 p.m. reception buffet. Cost per player is \$150. Platinum Sponsors: \$2,000; Gold Sponsors: \$1,500; Silver Sponsors: \$1,200; Hole Sponsors: \$300. At the Chantilly National Golf and Country Club, 14901 Braddock Road, Centreville. Contact Renee Cole at [cole\\_family@verizon.net](mailto:cole_family@verizon.net).

### MAY 11 AND MAY 12

**Auditions for "Hairspray."** Wednesday, May 11 and Thursday, May 12 from 6 to 9 p.m. Presented by The Alliance Theatre, a western Fairfax County community theatre group. At Mountain View School in Centreville. Call backs will be held Saturday, May 14 from 1 to 4 p.m. at Mountain View School. Contact Sarah Meiburg at 571-213-3170 or [sarah.meiburg@hazelnutmarketing.com](mailto:sarah.meiburg@hazelnutmarketing.com).

## Celebrate Mother's Day at the BACKYARD GRILL



We Spoil All Our V.I.P. Moms!

Enjoy your Brunch Buffet outdoors on the Patio

It's Spring! Enjoy your favorite meal & drinks outdoors on our Spacious & Relaxing Patio

### Special Mother's Day Menu

#### Carving Station

Prime Roast Beef Au jus  
Virginia Baked Ham (Pineapple Glazed)

#### and Featuring

Steamed Spiced Shrimp  
Backyard Seafood Newburg  
Chicken Piccata

#### Side Dishes

Green Beans Almondine  
Rice Pilaf

#### Traditional Breakfast

Scrambled Eggs  
Bacon, Sausage & Ham  
Breakfast Potatoes  
Fresh Fruit Salad

#### Omelet & Waffle Station

Design your own Omelet  
Enjoy a Freshly Made Waffle

#### Desserts

Cheesecake  
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Treat Your Special Mom to the Best  
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## Mother's Day Brunch & Dinner

Special Brunch Buffet 9 AM - 3 PM \$24.95 per person  
Kids ages 6-12, \$8.95 • ages 5 & under \$5

**BLUE IGUANA** Gourmet 3 Course DINNER 3:30 - 10 PM • \$30  
The casual menu and a children's menu will be available

12727 SHOPPES LANE, FAIRFAX, VA (FAIR LAKES)  
[www.blueiguana.net](http://www.blueiguana.net) • Just off Ex. Co. Pkwy, close to Rt. 66 & Rt. 50 •  
Reservations Suggested **703/502-8108**

# SCHOOLS

**Chantilly High's 25th annual Jazz & Pizzazz** show, featuring the Chantilly Jazz and Touch of Class Show Choir, takes the stage Wednesday, Thursday, Friday and Saturday, May 25, 26, 27 and 28, at 7 p.m. each night, and Sunday, May 29, at 3 p.m. Tickets are \$10 each at [www.chantillychoral.org](http://www.chantillychoral.org). They're going fast, so buy them soon, while they're still available.

## JUNE 27 TO JULY 1

**Young Actors' Workshop.** 9 a.m. to noon. Sponsored by the Westfield Theatre Boosters, this high-energy, educational summer camp is open to elementary students in rising grades 3-6. Tuition is \$125 and classes will be held at Westfield High. Through theatre games, acting exercises, songs and dances, students will discover the artist inside themselves. The week culminates with a show for

friends and family featuring routines made famous by Westfield Theatre actors.

Led by professional actor Ashley Dillard and current Westfield Theatre actor and choreographer Colby Dezelick, the workshop is a great place to learn the basics about theatre arts. Westfield Theatre actors Kevin Clay, Trevor Knickerbocker, Avery Hobbs and others will be camp counselors. Visit [www.westfieldtheatreboosters.com](http://www.westfieldtheatreboosters.com) for an enrollment form and more information or contact Producer Patti Dezelick at [patti@dezelick.com](mailto:patti@dezelick.com).

**It's time to sign-up** for Oak Hill Elementary's 5th Annual Howlin' and Prowlin' 5K Fun Run on May 7. New this year: timing and event support provided by Potomac River Racing and an option to purchase an upgraded Nike Dry Fit T-shirt. Online registration is open and strongly preferred. Visit <http://www.prraces.com/oakhill/> to register

for the race.

Those registering by April 15 will receive a discount and are guaranteed a T-shirt. If you plan to register four or more members of your family for the 5K, email Scott at Potomac River Running, [scott@potomacriverrunning.com](mailto:scott@potomacriverrunning.com) for a special discount code to use while registering online only. Want to volunteer for the event? Visit <http://www.signupgenius.com/go/howlin> to sign up.

Virginia Tech has named **Jessica Guerro**, of Chantilly as the Outstanding Graduating Senior in the Pamplin College of Business for the 2010-2011 academic year. Guerro, a marketing major and statistics minor, is expected to receive a bachelor's degree in marketing in the Pamplin College of Business in May 2011. Guerro has not only excelled in academics, but has also exemplified leadership and merit. Guerro has served as a Student Alumni

Associates member and officer since 2008, student government association representative and has conducted research under the Honors Undergrad.

**Laura Cooper** of Chantilly, a Senior at Gettysburg College, has been placed on the Deans' Honor List for outstanding academic achievement in the Fall 2010.

**Students from the Chantilly High School Career and Technical Education Academy** qualified and participated in the Virginia State SkillsUSA Leadership Conference and Competition in Hampton, Va., on April 2. Of the 177 Fairfax County Public Schools students that competed, Chantilly Academy received 29 top five finishes and eight first-place finishers, who have qualified to compete at the SkillsUSA National Conference in Kansas City this June.

# Communities of Worship

To highlight your faith community, call Karen at 703-917-6468

## CENTREVILLE

### THE CHURCH OF THE ASCENSION



Traditional Anglican Service  
1928 book of Common Prayer

**One Sunday Service - 10:00 am**

(CHURCH SCHOOL & NURSERY)  
13941 Braddock Road, (north off Rte. 29) Centreville, VA  
**703-830-3176**  
[www.thechurchoftheascension.org](http://www.thechurchoftheascension.org)

Warm People ~ Hot Coffee  
Come in for a serving of both this Sunday



### Centreville United Methodist Church

**Sunday Worship Services**  
8:15 AM  
9:30 AM  
11:00 AM  
Contemporary Service in the ROC  
11:02 AM



Worshipping God ~ Serving Others

703.830.2684  
[www.centreville-umc.org](http://www.centreville-umc.org)  
6400 Old Centreville Road, Centreville VA 20121  
Corner of New Braddock Road & Route 28

### Sunday Services at Centreville Presbyterian Church



Loving Christ



Loving People



Serving the World

**Sunday Worship Services**  
8:45 a.m. & 11:00 a.m.

[www.centrevillepres.com](http://www.centrevillepres.com)  
15450 Lee Highway,  
Centreville, VA 20120  
703-830-0098



**Centreville**  
PRESBYTERIAN CHURCH

### Saint Andrew Lutheran Church

Sunday Worship: 8:30 a.m., 11:00 a.m.  
Christian Education for All Ages: 9:45 a.m.  
Adult Bible Study: Wed. 9:30 a.m.

*Our mission is to welcome all people,  
to grow in our relationship with Christ,  
and to serve the Lord*

Braddock Road and Cranoke Street  
Centreville, VA 20120  
[www.saintandrewlc.org](http://www.saintandrewlc.org)  
703-830-2768



Centreville  
United Methodist Church

**11:02 AM**

### Contemporary Worship Service

Every Sunday in the ROC  
(Recreation and Outreach Center)

Contemporary Music ~ Connections Praise Band

Interactive Prayer Stations

Children's Quiet Play Area &  
Children's Worship Message

Weekly Communion Table Open to All



703.830.2684  
[www.centreville-umc.org](http://www.centreville-umc.org)  
6400 Old Centreville Road, Centreville, VA 20121  
Corner of New Braddock Road & Route 28



### Centreville Baptist Church

#### Worship Services

8:00 & 9:30 am Celebration Service  
11:00 am Contemporary Service

#### Bible Study

9:30 am & 11:00 am

#### Ministries Include:

Nursery through Elementary, Youth, College Age,  
Singles, Men, Women, Adult Discipleship, Choir,  
Awana, Bible Study Fellowship,  
MOPS (Mothers of Preschoolers),  
English Language Classes and Spanish Speaking Ministry

#### Come Join Us!

15100 Lee Highway, Centreville, VA 20120  
703-830-3333 [www.cbcbva.org](http://www.cbcbva.org)



### Mount Olive Baptist Church

New Worship Location Starting March 14, 2010!!  
Centreville High School  
6001 Union Mill Road  
Clifton, VA 20124

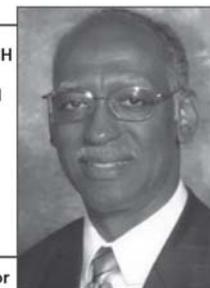
#### A NEW CHURCH IS BEING BUILT!



#### SUNDAY SERVICE SCHEDULE AT CENTREVILLE HIGH SCHOOL

Sunday School	9:00-9:45 AM
Worship Service	9:45 AM
Children's & Youth Church	10:00 AM
Youth Minister: Rev. Bobby Joe Ford, Jr.	
Wednesday Bible Study	7:00-9:00 PM
(Includes Youth Classes)	

**MOUNT OLIVE BAPTIST CHURCH**  
Administrative Office:  
13924 Braddock Road Suite 201  
Centreville, VA 20120  
Phone: 703-830-8769  
Fax: 703-830-6718  
Website:  
[www.mountolive-church.org](http://www.mountolive-church.org)  
Email:  
[mtolive@mountolive-church.org](mailto:mtolive@mountolive-church.org)



Rev. Dr. Eugene Johnson, Pastor

6600 OLD CENTREVILLE ROAD CENTREVILLE, VA 20121

# After Son's Death, Mother Speaks Out

FROM PAGE 1

Bo Rupp had consumed alcoholic energy drinks.

The youngest of Karla and Johnny Rupp's three children, he was just two weeks shy of his 16<sup>th</sup> birthday, was an honor-roll student and played football and lacrosse. "He was a wonderful son and a good kid," said his mother. "He wasn't in trouble."

She was speaking, last Tuesday, April 19, before some 50 people attending the Sully District Police Station's Citizens Advisory Committee (CAC) meeting. It wasn't easy for her, but she felt compelled to share her son's story.

On Sept. 25, 2010, Bo and several friends went to Jiffy Lube Live (formerly the Nissan Pavilion) to see the country-music act, Sugarland. His mom drove them there, around 5 p.m.

"Before he left, I said, 'Be a good boy, Bo Bo; I love you,'" said Karla Rupp. "And he said, 'I will, Mom; I love you, too.'"

She planned to pick him up around 10:30 p.m.; but about 6:15 p.m., event staff called to say he'd been picked up for drinking. So Rupp drove to the concert, gathered up her son and drove him home, arriving at their house at 7:45 p.m.

But "completely out of character," she said, Bo ran off. Rupp alerted her husband and, while she drove up Pleasant Valley Road in search of Bo, Johnny looked on foot and in his truck. However, they returned home unsuccessful.



Bo Rupp

"As Johnny put his hand on the front door, he heard the first sirens — and he knew," said Rupp. "We drove to the sirens and to the [community] center to find out our nightmare had come true."

Looking straight at the audience, she said, "It can happen to you. We thought we did everything right. We knew his friends, their parents and his activities. I drove him to and from the concert."

Rupp knew he'd taken bottles of Arizona iced tea with him in his backpack. What she didn't know was that they didn't contain tea but, instead, the popular energy drink, Four Loko. At that time, its four main ingredients were alcohol, caffeine, guarana and taurine. It also contained a flavoring for absinthe known as wormwood — a bitter herb that, if ingested in large quantities, is toxic. Each 23.5-ounce can of Four Loko was 12-percent alcohol, but the caffeine masked the alcohol's effects so those drinking it didn't realize until later how intoxicated they'd become.

"I didn't know that, the day before, it was sold to Bo, underage, and he and his friends filled the bottles with it," said Rupp. "He drank two cans of it in the hour before the

concert. He didn't know the dangers. Dying that night wasn't in his plans."

It eventually came to light that a slew of teens and college students across the country also suffered adverse effects after drinking Four Loko. So in November 2010, the FDA prohibited beverage companies from adding caffeine to alcoholic beverages, and Four Loko eventually removed the energy components — the caffeine, taurine and guarana — from its product.

"But there's always something else [product merchandisers] are coming up with," said Fairfax County Police SRO Supervisor Bill Fulton. "They're after your kids; and the kids don't understand that — when they drink 23 ounces of an energy drink — they're drinking the equivalent of a bottle of wine in five minutes."

Furthermore, said Rupp, "Four Loko is still on the shelves; it's Kool-Aid flavored, 12-percent alcohol." She also noted the latest teen temptation, Blast by Colt 45. A product of Pabst Brewing Co., it's marketed in a neon can adorned with pictures of fruit and horses. But each can packs the alcoholic punch of four glasses of wine.

"Unfortunately, Mrs. Rupp isn't the first parent this has happened to," said Fulton. "We have story after story within a 3-4-mile radius of this station, and [the problems] aren't going to go away. There's more and more stress on kids, so we have to be available to guide them down the right path and hold them accountable."

A mom asked how underage teens are

getting access to alcohol, and Fulton said parents leave it unlocked in their house. "For example, kids will take vodka from its bottle and fill it back up with water," he said. "They're very resourceful."

That's why, said Rupp, her dream now is "to share my story and make people aware that one, bad decision can cost someone their life. I want to warn others about the dangers. I plan to sell 5,000 wristbands with the words, 'Think twice,' with my son's name and [birth and death] dates on them. Through donations, I plan to band every kid at Westfield High."

Most of all, she wants teens to think hard before deciding to use drugs or alcohol, drink and drive, text behind the wheel, have sex or, simply be "an idiot. I just joined PROTECT — an alcohol- and drug-awareness group — with the Lanneses. I want to talk to kids about this; whatever I can do to help children, I will."

Capt. Purvis Dawson, new commander of the Sully District Station, commended Rupp on her "Think Twice" campaign. "Drugs and alcohol affect all walks of life, and we want to keep people alive," he said. "If you do step back and think twice, it can be a life-changing event."

For more information or an address for mailing check donations, contact Rupp at hey.thinktwice@gmail.com.

Checks should be payable to UPC, the nonprofit she's working through until she sets up her own. Donors will receive receipts for tax purposes.

## Speakers, Police Urge Parents To Be 'Vigilant'

FROM PAGE 1

Fulton said it comes in a small, square, shiny, foil package with a colorful drawing and is sold in gas stations. "It's now illegal to sell," he said. "And as of July 1, it'll be illegal to possess. But parents can't tell what it is, just by looking at the package."

Centreville's Greg Lannes — whose daughter Alicia died of a heroin overdose at age 19 — now warns teens and their parents about the dangers of substance abuse. At last week's CAC meeting, he said, "K2 doesn't show up on a regular drug test; it takes a special test. 'It's powder and looks like a package of Pac-Man cards.'"

He also noted that, "Now we hear kids are getting high off of bath salts." Besides that, added Fulton, "There are a lot of kids on prescription drugs, and they mix with the substances in energy drinks."

When a mom in the audience asked what parents could do to keep their children safe, Rupp replied, "You need to be vigilant — educate yourself about the dangers." Fulton

said some of the warning signs are a child changing friends, sneaking downstairs, avoiding parents and having falling grades.

"It's not the beer in the parking lot, anymore," he said. "It's a whole, different animal. And [to combat it], it takes a community — people who contact police if they see things that look wrong or a spot where kids are hanging out. But we do get through, at times."

Westfield High SRO Lou Muñoz said that happened to him, a few weeks ago. "A kid told me a friend was going to have a party while the parents were out of town," he said. "People were going to bring alcohol and marijuana. Even though she was going to be part of the fun, she had the maturity to come in and tell us and bust it up. That was one of the best things to happen to me since I've been at Westfield."

Fulton said parents should have access to their children's cell phones and Facebook accounts. "Check their pockets, now and then," he said. "Ask teachers if your kid is

still attentive in class."

"You have a 1 in 2 chance that your kid is going to abuse drugs or alcohol before they graduate from high school," said Lannes. "So you've got to be more aware and more pro-active." He also advised parents that the temptations start in middle school.

Furthermore, said Lannes, "One in 20 high-school students are abusing drugs — and 7 in 10 are abusing prescription drugs. They grab pills from their parents and hold 'pharm' parties, so lock up your medicine cabinet and throw away what you're not using."

Fulton said teens on prescription drugs, such as Ritalin, will also sell them to others. "Check your kids' vehicles, too," added Muñoz. "They'll drop marijuana cases on the floor, and you'll often find pipes and bongos."

If parents suspect their children need help, said Fulton, police will be happy to talk to them about the dangers of substance abuse, without making an arrest — unless



PHOTO BY BONNIE HOBBS/CENTRE VIEW

Westfield High SRO Lou Muñoz

there's evidence of violence. And, added Lannes, "Each high school has alcohol and drug resources to assess kids and recommend treatment. It's not punitive, so make that phone call and reach out to get them help."

### CRIME REPORT

Activities reported by the Sully police department through April 22.

#### COUNTYWIDE TRAFFIC ENFORCEMENT

The Traffic Division of the Operations Support Bureau and

the Patrol Division of the Fairfax County Police Department, in cooperation with the Virginia State Police, will launch a two-week initiative, "50 Means 50", along Route 7100, the Fairfax County Parkway. This campaign kicked off

on Sunday, April 17 and targets aggressive and reckless driving; including speeding, texting while driving, following too closely, and failure to pay full time and attention on the Fairfax County Parkway. Motor squad officers along with

patrol officers from several district stations throughout the county and Virginia State Troopers will be assigned specific enforcement duties along the parkway. A variety of vehicles will be utilized including motorcycles, pick-up trucks and other

unmarked and marked police vehicles. The stepped-up enforcement will take place 24 hours a day, 7 days a week until its conclusion on Saturday, April 30. The intent of the initiative is to make the parkway a safer place for all.

# Home Incarceration for Cashion, Curcio

FROM PAGE 9

torney Brian Whisler asked Judge Claude Hilton to give his client probation since that's what Hopsicker received. He also said Cashion deserved a light sentence because of several factors.

Whisler noted that this was "aberrant behavior" for her, she'd accepted responsibility and she has a record of "extraordinary" community service. He also stressed that, besides having two children, she's now taking care of her in-laws, as well. He said both Cashion's mother-in-law and father-in-law need medical treatment and are now living with her and her husband.

"Over the last 20 years, she's provided service to the military, to people associated with charities and went to Haiti," said Whisler. "She's enjoyed a sterling reputation in the community and this is her first brush with the law, of any type."

He said Cashion pleaded guilty immediately and implemented compliance measures at their company "to ensure that this will never happen again." Billing will now be supervised and doctors there will be trained on CPT procedures.

"She will pay full restitution today of \$71,000, and she relinquished her medical license, pursuant to the terms of the plea agreement," said Whisler. "This is, perhaps, the most punitive aspect [of her sentence]. She and her husband built up their practice with an unblemished record."

He said she cooperated with federal authorities and gave them helpful information. And, he added, "In the continuum of health-care offenses, it's not as serious as other offenses; there was no patient abuse or identity theft. It was a relatively modest amount of fraud."

Whisler further said there was a disparity between Cashion being charged with a felony, while Curcio and Hopsicker were charged with misdemeanors. "She and her husband were equally culpable, but it was the result of negotiations that she'd plea to a felony," he said. "Aside from her role as office manager, her role wasn't substantially different from her co-conspirators."

However, Assistant U.S. Attorney Jack Hanly disagreed. "The government views this as a heartland fraud case," he said. "This is the type of systematic over-billing that puts an undue burden on our healthcare system."

Hanly said Hopsicker got probation because "he provided substantial assistance [more so than Cashion] and his sentence shouldn't factor into hers. This case deserves some period of incarceration."

Then Cashion stood and addressed the judge. "I already paid a severe punishment, relinquishing my medical license after years of school and 20 years building up the practice," she said. Referring to something traumatic that happened while she was a stu-

dent in medical school, she told Hilton that, afterward, "It took everything I had to get this license, finish school and graduate at the top of my class."

She said the whole ordeal of undergoing federal prosecution has "had a profound effect on me. Please take into account the care I've taken of people; I ask for your mercy on Good Friday and I'm so sorry."

In the end, Hilton did grant Cashion leniency "because of [her] family situation, record and extraordinary acceptance of responsibility." He then ordered her to pay a \$10,000 fine and placed her on two years probation, conditioned on her doing "eight months of home confinement with electronic monitoring." He also allowed her to have work release and to do errands for her children and in-laws.

Tuesday morning, April 26, it was Curcio's turn; he appeared before Magistrate John F. Anderson, who'd also sentenced Hopsicker. Again emphasizing the "repeated fraudulent billing," Hanly told Anderson to view Cashion and Curcio the same because "really, the two doctors were equivalent in their conduct."

He said Curcio had also done community service and had paid his restitution in full. "But unlike his wife, who had to give up her medical license, he intends to continue practicing," said Hanly. "So we'd ask for some period of incarceration."

However, countered defense attorney Steven Webster, "Since she cannot work, essentially he's the breadwinner for his wife, children and parents — who are financially destitute and have significant health problems. It would be an unwarranted sentencing disparity if he were incarcerated, when the others weren't. His wife was convicted of a felony — he was only convicted of a misdemeanor."

Curcio told the judge, "This has brought stress and humiliation to my family and to our reputation in the community. I hope and pray I will one day be able to earn back the faith and trust of the community I've served for 20 years. I am truly sorry."

Expressing great concern over Curcio's criminal behavior, Anderson called it a "complete breach — inconsistent with the good things you've done in your life — so you knew right from wrong. Whether it was greed or whatever that prompted you, I don't know; but it is very serious."

"You benefited from your wife's pleading guilty to a felony because you still have the ability to earn a living," continued Anderson. "Still, considering all the factors, including your family situation, I'm placing you on two years supervised probation, plus eight months home confinement."

The judge granted Curcio "time outs for work-related activities and taking his parents and children to medical care." Anderson also fined him \$10,000. In addition, according to the terms of Curcio's plea agreement, he must "voluntarily report his conviction to the Virginia Board of Medicine."

**"She and her husband were equally culpable."**

— Brian Whisler, Tammy Cashion's attorney

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# Westfield Softball: Quality Pitching and Leadership

**Bulldogs set to take on home team Centreville on Friday.**

BY RICH SANDERS  
CENTRE VIEW

Generally speaking, high school teams must receive quality production and good leadership from their seniors to have banner seasons.

At Westfield High, the girls' softball team has gotten just that kind of production and influence from three of its best players — 12th graders Jessie McNamara, Frankie Martinez, and Jackie Martinez.

The trio has helped Westfield, annually one of the top softball programs in the Northern Region, put together another solid season thus far. The Bulldogs, following a 7-3 Concorde District home win over Oakton this past Tuesday evening, April 26, were 6-2 on the season and carried a 2-1 district mark.

McNamara, the team's shortstop and a fourth year starter, leads the team in home runs and base hits from the No. 3 spot in the batting order. In the field, she is outstanding with the leather.

"She plays an incredible shortstop," said Westfield head coach Dean Ferington, whose Bulldogs captured the district tournament title last year and advanced to the quarterfinals of the Northern Region tournament where they lost to eventual state champion McLean, 5-4. "She gets a great first step on the ball."

Ferington recalled a play by McNamara, in his team's 3-1 loss at Robinson on April 11, in which the shortstop backhanded a groundball deep in the hole before, from her knees, throwing out the runner at first.

"I hadn't seen anything like that in 22 years [of coaching]," he said.

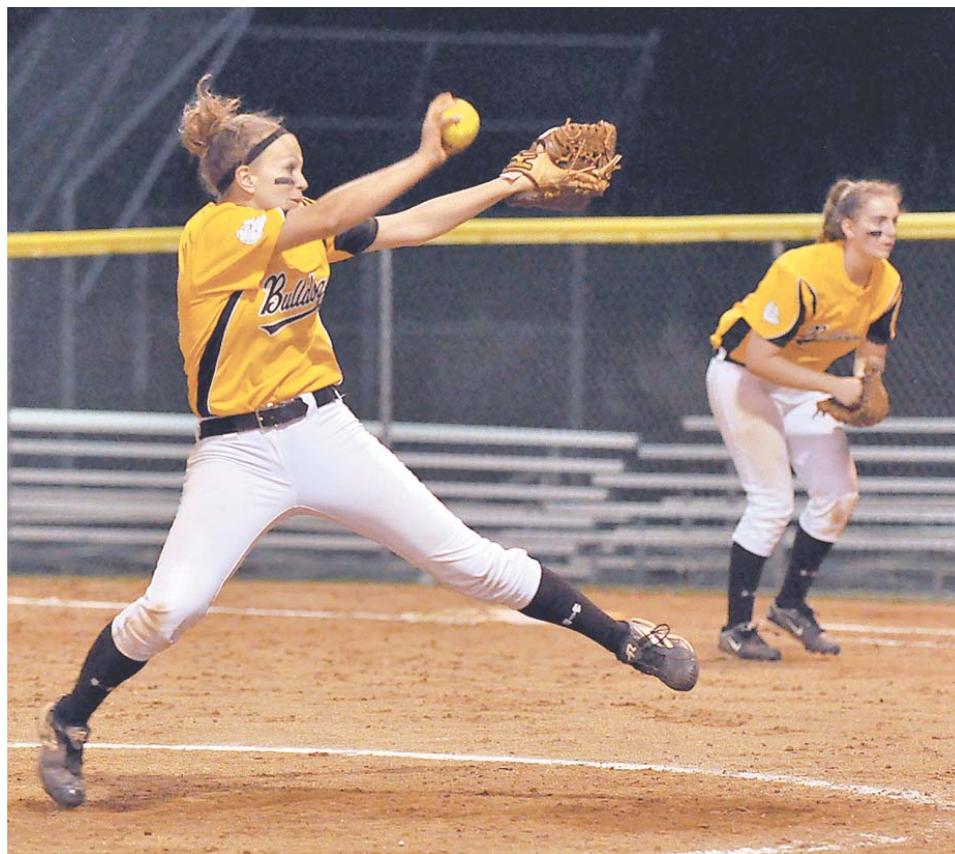
McNamara will be a preferred walk-on player at Virginia Tech next school year.

Another four-year starter, Jackie Martinez, has played an outstanding centerfield for the Bulldogs. Throughout her high school career, Martinez has proven to be one of the most versatile players in the district. At different times as a Westfield ball player she has played at first, second, or third base, as well as outfield. She has even pitched. Last year, Martinez was an All-Concorde District Third baseman. This season, for the better of the team, Ferington elected to move her to center field.

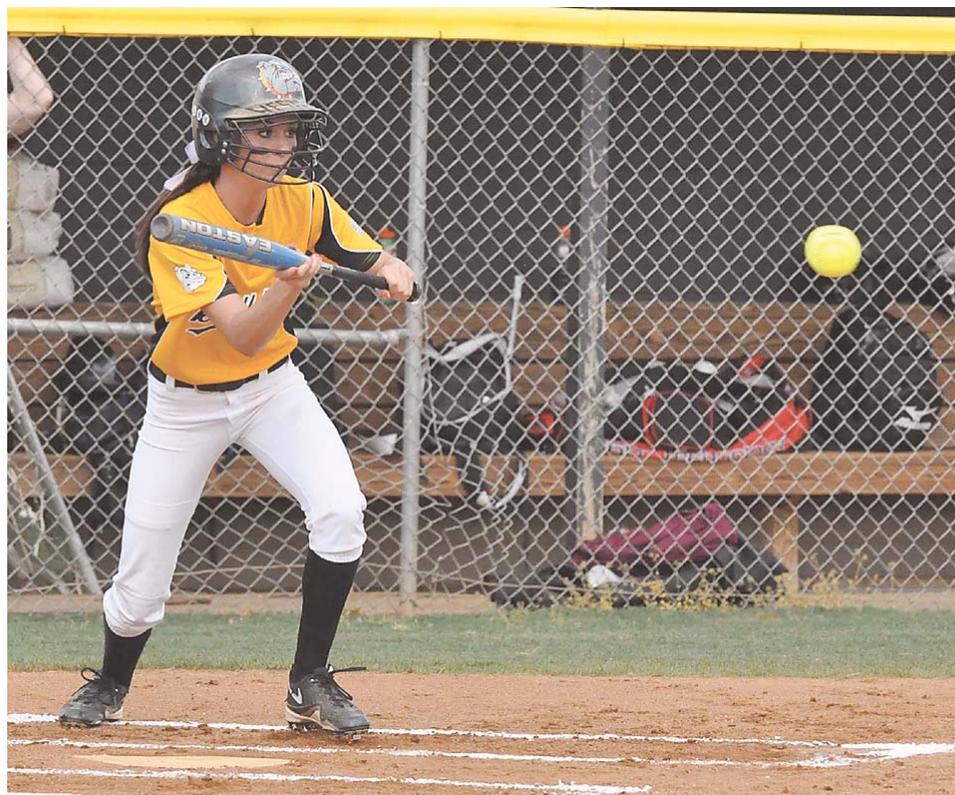
Martinez, two years ago as a sophomore, was set to play in the outfield. But an early season finger injury that spring, in a practice game versus Madison, ended her season prematurely.

She did a wonderful job in her return year in 2010 at the hot corner infield position. But now Martinez is in center field, a position Ferington said is natural for her.

"I always thought she'd be a great out-



Meaghan Heineicke goes through her delivery during Westfield's district home game versus Oakton on Tuesday. The Bulldogs won, 7-3.



Westfield leadoff batter Jackie Martinez looks to bunt against the Cougars of Oakton.

fielder and she has more than lived up to my expectations," said the coach. "She reads the ball well off the bat, runs like the wind, and has a hose for an arm."

At the plate, Martinez hits leadoff for Westfield and often sparks the team with her solid hitting and good on-base average.

"She does a very good job for us up there," said Ferington. "She knows the strike zone."

Martinez will continue her softball career

next year at the College of Charleston in South Carolina.

The third Westfield third year varsity starter is Frankie Martinez, who caught full time last year but is seeing time this season at both the backstop position as well as third base.

"I can put her anywhere," said Ferington, of Frankie. "She loves catching but understands that sometimes we need her at third

base to make us better."

Frankie Martinez, the Bulldogs' clean-up batter who has two home runs this season, hits the ball effectively either pulling the ball or going the opposite way. Also, she is a terror on the base paths.

"She can hit for power and is probably one of the most instinctive base runners I've had — she's lightning fast," said Ferington. "She can do what she wants at the plate. She understands hitting. If you say to her, 'You need to make that adjustment,' she understands and will do it."

Frankie is set to play collegiate ball at Radford in 2012.

**ON THE MOUND** this season Westfield has, once again, received steady outings from its pitching duo of seniors Jen Goodman and Alex Tenney. Both players shared Westfield's pitching duties last year and were instrumental in the team going 16-8. The two have gotten most of the mound work again this season, with Tenney generally starting before giving way to Goodman later in the game.

"Both are four-year pitchers and have been very solid for us," said Ferington. "Jen started a lot her sophomore and junior years but doesn't care [whether she starts or relieves]. Alex is more comfortable as a starter."

Ferington had in mind to work sophomore Keona Gaines into the rotation this season but shoulder problems early on this spring prevented that.

Another sophomore, Meaghan Heineicke, has gotten a chance to pitch and done well. She started in Westfield's 3-2 win over McLean in a game at the Madison High Spring Break Tournament on April 18. Goodman closed out that game on the hill. And Heineicke also had a good starting showing in Westfield's 5-1 district home win over Chantilly on April 14. Most recently, she was the winning pitcher in the Bulldogs' win over Oakton on Tuesday.

Ferington, who said Heineicke could get a few more starts over the remainder of the season, said he generally will use his pitchers depending on whom he believes will do the best job and who has been practicing particularly well.

"Whoever is showing me the most in practice," he said. "It's pretty much a gut feeling too."

The bottom line is that Westfield has a strong core of pitchers and good fielding position players behind them who can also hit the ball. That could spell trouble for future opponents of a Westfield team hungry to go further at this year's region playoffs than last year's team went.

Westfield was scheduled to play district road games this week at Herndon on Wednesday, April 27, and at Centreville on Friday, April 29 at 6:30 p.m. And on Saturday, the Bulldogs will play a pair of makeup games at the Madison Spring Break Tournament, taking on West Potomac at 10 a.m. and the host Warhawks at noon.

PHOTOS COURTESY OF JOE TENNEY

# SPORTS

## The Swing for Homelessness Prevention Golf Tournament

is scheduled to take place Monday, May 9 at the Chantilly National Golf and Country Club (14901 Braddock Road, Centreville). The tournament seeks to raise funds to help provide for the growing number of neighbors in need in the Western Fairfax area. Registration on the day of the tournament is 9:30 a.m., followed by a shotgun start at 11. Snacks and beverages will be provided during the tournament. Afterwards, a reception buffet and prizes are scheduled for 4 p.m. Cost for the tournament is \$150, which covers lunch, range balls, carts, and the reception. The following sponsors are needed:

Platinum Sponsors: \$2,000; Gold Sponsors: \$1,500; Silver Sponsors: \$1,200; and Hole Sponsors: \$300 (limit of 18).

For more information, contact Golf Committee Co-Chairman Renee Cole at [cole\\_family@verizon.net](mailto:cole_family@verizon.net).

The eighth annual **Angel Kisses 5K run and 2K walk** will be held Sunday, May 8, at the Poplar Tree Estates Swim and Racquet Club (13516 Point Pleasant Drive, Chantilly). The event is in honor of youngster Jeffrey Virostek, who died of acute myelogenous leukemia (AML) in 2003 at age four. The 5K starts at 8 a.m., and the 2K at 8:05 a.m. Registration cost, through May 4, is \$20 for the 5K and \$15 for the 2K. Register at [www.AngelKisses-5k.org](http://www.AngelKisses-5k.org). In-person registration, at 13516



COURTESY PHOTO

**The Fairfax County Youth Basketball League honored its top players at a breakfast banquet at the Waterford in Fairfax on March 6. Pictured are, left to right: David Liddle of the Southwestern Youth Association (SYA) and a Div. 1 All League player; Chantilly Youth Association's Caroline Wakefield, a Div. 1 league MVP; and SYA's Tyler Scanlon, also a Div. 1 League MVP.**

Point Pleasant Drive in Chantilly, is Friday, May 6, from 6-8 p.m.; Saturday, May 7, from 10 a.m.-2 p.m.; and race day from 6:30-7:30 a.m. Proceeds will go to the Jeffrey Virostek Memorial Fund to aid other families battling cancer. Anyone unable to participate, but wishing to make a donation, may send a contribution payable to Angel Kisses 5K to Capital Running Company, 15739 Crabbs Branch Way, Rockville, MD. 20855-2634.

The upcoming **Northern Virginia Senior Olympics (NVSO)** will include cycling to its list of events. Betsy Bailey, chairman of the NVSO Committee, has announced the addition of a 10K cycling time trial to the list of 2011 events. The cycling event will take

place 9 a.m. Sun., Sept. 18 at the Vint Hill Community Center (4235 Aiken Dr., Warrenton). The cycling competition is open to men and women in five year age groups and will be governed by the rules of the U.S. Cycling Federation (USCF). Medals will be awarded according to best times in each age group.

The 2011 NVSO will take place Sept. 17-28 with more than 25 events being held in over 12 venues throughout Northern Virginia.

In addition to cycling, other new events are 1600 meter run, badminton and volleyball. Registration forms will be available in June and online at [www.nvso.us](http://www.nvso.us). Registration fee is \$10 plus \$1 per event. For more information, call 703-228-4721.

# Art & Essay Contest Winners

The following students from Colin Powell Elementary are winners in the 2010 Mid-Atlantic Tennis Association Diversity Art & Essay Contest.

Students from Maryland, Washington, D.C., Virginia, and West Virginia submitted their work for consideration. Awards were given out at a luncheon held in Maryland at the end of the year.

❖ **Art Winners K - 3rd Grade:** 1st Place Juliann Cha (Ms. Keleher's 3rd grade); 2nd Place Hellie Begham (Ms. Tammaro's 2nd grade); 3rd Place Michelle Hong (Ms. Colangelo's 3rd grade)

❖ **Essay Winners K - 3rd Grade:** 1st Place Lauren Lee (Ms. Wilson's 3rd grade); 2nd Place Hellie Begham (Ms. Tammaro's 2nd grade)

The winning results are posted



**Colin Powell Elementary School winner Hellie Begham receives her award from USTA region representatives.**

on the USTA website at [http://www.midatlantic.usta.com/2010\\_midatlantic\\_diversity\\_art\\_essay\\_winners/](http://www.midatlantic.usta.com/2010_midatlantic_diversity_art_essay_winners/)



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## Daze of this Particular Week



By KENNETH B. LOURIE

Here it is: April 3, 2011, three months since my last diagnostic scans, the exact week in fact when typically – per doctor's orders for the last two years, I would be waiting out (sweating out is more accurate) the findings from the previous week's scans, hoping for a good result. Trying to pretend that I was still in control of my emotions/life. Trying not to worry my wife, Dina. Trying to put my best face forward; until the call came or we arrived at my doctor's office for the usual post-scan appointment/assessment to discuss and/or "strategize" about what medical treatment/frequency happens next.

And what change occurred, what change Team Lourie agreed on was, twofold: to reschedule my every-three-week chemotherapy to four, and to change the frequency of my quarterly scans. The CT scan will now occur every four months. The MRI of the brain and the Bone scan will now occur every six months. (Minimizing exposure to harmful radiation and poisonous chemotherapy was our intent.) What it all means is, right now I am emotionally over-extended, sort of. Right now – exactly, I am living the month between the old – and familiar – cycle of being scanned quarterly and then being updated by my oncologist accordingly and now (subject to reevaluation anytime; it's up to me, my doctor has assured me), adding a month's time to that assessment because of my relative good health and previous "partial stable remission" status and desire to moderate, if possible, the collateral damage caused by my ongoing treatment. Good news, all the way around; except...

It's sort of uncharted territory, though. It's the longest interval between scans – and certainly appointments with my oncologist, since I got on this cancer train in late Feb., 2009. Don't get me wrong. I'm thrilled to be here. (Heck, I'm thrilled to be anywhere; let's be honest.) And according to my oncologist's initial diagnosis and prognosis: "13 months to two years," I shouldn't be here. Yet, here I am; living proof of a patient who has outlived his prognosis and has jokingly been called "the poster child for Avastin." I have now survived longer on this chemotherapy drug than any other of my oncologist's previous patients.

However, I am not cured. I am only continuing to respond well to treatment. But nothing is forever. There were few guarantees given at the beginning of my diagnosis and there's been even fewer offered now, 25 months post-diagnosis. And it's during these atypical intervals of time or changes in treatment, or living beyond dates when I was told how statistically unlikely it would be for a stage IV lung cancer patient to survive, when I have extra anxiety about the jackpot in which I find myself immersed.

And the reason I feel this way is that part of my coping mechanism, diagnosis-to-date, has been denial: trying not to focus or concern myself – or others, too much, with the underlying problem (as I euphemistically refer to my diagnosis). Even though there were (are) constant reminders, I have deluded myself, somehow and assimilated and compartmentalized the cancer stuff into a "Seinfeldian" type of vault. A vault to which only I have the key and for which I maintain control – responsibly.

But new-and-different causes problems for old-and-familiar me. This one month extension, to which doctor and patient agreed, is "new and different." Soon it won't be. Soon I'll get my scan results and things will go on as they now will have become: familiar. That's my hope anyway. And if not, you'll read about it here because I'll need your thoughts and prayers even more.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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**The annual TAG Sale** sponsored by Boy Scout Troop 893 in Centreville will not be held this year. This year would have been the 38th annual fundraiser for the troop. The proceeds support the Scouting program directly by paying for troop gear, summer camp, high adventure activities, rank advancement and underprivileged scouts. In the past six years, leftover items from the sale have been donated to various charities with the largest being Lupus Foundation. If you have any questions, call 703-389-6046.

**Westfield Summer Stage** celebrates 11 years of summer musicals with the classic Kander and Ebb musical "Chicago," which dances its way onto the Westfield High School in late July. Prospective cast members should attend an audition workshop on May 16 at 6:30 p.m. where material for the vocal and dance auditions will be taught. Auditions are May 21, from 9 a.m. to 4 p.m. Callbacks are May 22 from 2

to 5 p.m. Rehearsals begin June 27, and are on week-end evenings until the performances July 21-24. All activities are at Westfield High School. Visit [www.westfieldtheatreboosters.com](http://www.westfieldtheatreboosters.com) or call 703-488-6439.

**Marketing students** in the Fair Oaks Classroom on the Mall course will open the annual Fair Oaks Prom Dress Shop at 4 p.m. on Friday, April 29. The dress shop, which has been in business for five years, has helped financially needy students attend prom in style each spring. The shop also accepts donations of stylish, high-quality, dry-cleaned prom dresses and select accessories.

Dresses and accessories — including shoes, purses, and jewelry — are also being collected by marketing students at some FCPS high schools and can be dropped off at the store during hours of operation. The Fair Oaks Prom Dress Shop is located on the

lower level of Fair Oaks Shopping Center inside the mall entrance between Sears and Lord and Taylor near Cold Stone Creamery. Students from any area high school who are in financial need of a prom dress can come to the Prom Dress Shop, show a valid student ID or other form of school identification, and select a free dress during the following store hours:

- ❖ Friday, April 29 from 4 to 7 p.m.
- ❖ Saturday, April 30 from 2 to 5 p.m.
- ❖ Sunday, May 1 from 1 to 4 p.m.
- ❖ Friday, May 6 from 4 to 7 p.m.
- ❖ Saturday, May 7 from 2 to 5 p.m.
- ❖ Sunday, May 8 from 1 to 4 p.m.

## MONDAY/MAY 2

**Seminar: Live Longer. Live Better.** 7 to 8 p.m. Free. A Woman's Guide to Lifelong Wellness. With speaker Dr. Lucky Bennett. At The

Women's Club Fitness Center and Day Spa, 14175 Sullyfield Circle, Chantilly. Register at 703-817-0700.

## MAY 6 AND 7

**White Cane Fundraiser.** The Clifton Lions Club will conduct their White Cane Fundraiser on Friday, May 6 and Saturday, May 7 at Union Mill Colonnade and University Mall Giant Food stores. In addition to cash donations, the Lions will collect used eyeglasses and hearing aids. Visit <http://www.clcv.clubexpress.com>.

## TUESDAY/MAY 10

**FACETS' Breakfast.** 7 to 9 a.m. A free breakfast to educate the public about FACETS' work to help local families and individuals who are struggling. At the Waterford at Fair Oaks, 12025 Lee Jackson Memorial Highway, Fairfax.

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